

Let Paratransit, Inc., help you save transit dollars and create transit options for individuals with disabilities and seniors in your community.

What is Mobility Training?

Mobility training, also known as travel training, is a way your agency can provide mobility options to people with disabilities, seniors and ADA paratransit riders and save transit dollars by teaching them how to travel independently on existing modes of public transit.

Paratransit, Inc., has a proven track record in helping individuals with disabilities and seniors learn how to safely and independently ride public transportation as an alternative to using ADA paratransit service or those who have no transportation, which could lead to isolation. We can help you train individuals to travel to and from a particular destination, or show them how to travel throughout the community with confidence.

Our training program uses a series of gradual steps to build confidence and ensure independence, starting with close, one-to-one instruction and gradually pulling back on assistance as the trainee's skills develop. The program also teaches safe use of accessible transit equipment and emergency procedures.

Training has helped thousands become transit users and gain independence

Mobility training has already proved its effectiveness. It's been used with success in the field for over two decades. Paratransit, Inc.'s, curriculum has brought independence to more than 9,000 transit users, including those who are:

- Developmentally disabled
- Physically challenged
- Mentally disabled
- Seniors

The mobility training program we offer includes:

- Methods and tools for assessing trainee abilities
- A training model that works
- Successful instruction procedures
- Methods and tools to evaluate success



Training benefits transit providers

Mobility training also benefits transit providers, since it encourages the use of the most appropriate and cost effective transit options for all riders. A training program not only saves transit dollars, it also creates more space on paratransit vehicles for riders who have no other transit options.

Training saves money

Transit agencies are delighted to discover that mobility training costs are minimal when compared with the costs of ADA transit service, and the potential for savings is dramatic. Shifting just one paratransit user (who travels to work or to a program five days a week) to regular fixed-route public transit can create a cost savings to an agency of more than \$7,000 a year. Training one person each month to be transit independent can provide a cost savings of more than \$80,000 a year.

How to implement a mobility training program

There are a number of ways to implement a mobility training program. Paratransit has over two decades of experience and staff is prepared to offer whatever level of assistance you may need to establish and operate a mobility training program at your agency or in your community.

Whether you need assistance with your program on a temporary basis or as an ongoing part of your operations, we can help you:

- Determine if mobility training is a realistic option for your agency
- Provide suggestions for funding travel training
- Help start a travel training program and identify trainees with potential for success
- Train your own in-house travel trainers and supervising staff
- Evaluate the success of travel training programs and make suggestions for improvements
- Manage your travel training program from our Sacramento office

To find out more about how your agency can save money and help individuals with disabilities and seniors find travel independence, please contact:

J.D. Culver, Director of Mobility Options, (916) 868-6220 Ext. 6218

Kevin Welch, Assistant to the Director of Mobility Options, (916) 868-6220 Ext. 6012

Online: www.paratransit.org

