

**Paid in part with your  
Sacramento County  
Measure A funds**



Paratransit.org • (916) 429-2009  
2501 Florin Road • Sacramento CA 95822

**Building a  
healthier  
Sacramento  
one ride at a  
time:**

**Route 7**



## Every Tuesday: 10 AM to 1 PM

<b>Nugget to Methodist</b>	10:00 AM	11:00 AM	12:00 PM
Nugget Market	10:00	11:00	12:00
Bel Air Market Rush River	10:06	11:06	12:06
Home Depot Meadowview	10:18	11:18	12:18
Pannell Community Center	10:25	11:25	12:25
Brookfield / Franklin	10:32	11:32	12:32
Mack Road Community Center	10:41	11:41	12:41
Kaiser South	10:48	11:48	12:48
Methodist Hospital	10:55	11:55	12:55

<b>Methodist to Nugget</b>	10:00 AM	11:00 AM	12:00 PM
Methodist Hospital	10:00	11:00	12:00
Kaiser South	10:05	11:05	12:05
Mack Road Community Center	10:11	11:11	12:11
Brookfield / Franklin	10:18	11:18	12:18
Pannell Community Center	10:26	11:26	12:26
Home Depot Meadowview	10:31	11:31	12:31
Bel Air Market Rush River	10:40	11:40	12:40
Nugget Market	10:48	11:48	12:48

Connecting you to Healthcare at:

Kaiser Hospital South  
Methodist Hospital

Connecting you to the Community at:

Pannell Community Center  
Mack Road Community Center  
Retail along Meadowview Road and  
Florin Road

Service is Free:  
No Fare Required

**Healthcare Shuttle Info**  
(916) 429-2009

Public  
transit  
can work  
for you!

